

Rest: Acceptance

Matt 11:28-30

G: Rest begins with acceptance. Matt 11:28-30

J: Culture desperately in need of rest of all kinds. TIME is the most significant commodity. Queen Elizabeth: "all my possessions for a moment in time."

We were promised more time! The economist John Maynard Keynes in 1930 predicted 15 hour work weeks for his grandchildren. A senate subcommittee in 1960 predicted 14 hour work weeks by 2000.

G: Camping story: disconnect from rat race. Series Rest: Slow Down, Simplicity, Sabbath. Today, relational rest. Begins with acceptance. Restlessness is a search for acceptance, approval, significance, meaning.

J: Matt 11:25 Prayer; 11:27 Father: eternity of glory  
Father/Son/Spirit.

G: Search for acceptance: funeral story.

J: Jesus/Father: validated: Mt 3:17: if Jesus needed to hear it, we do! Story of All Stars.

G: Son: tested, worshiped, Peter's confession. Matt 17:5.

J: Matt 11:27: foundational passage: prayer = relationship, rest.

G: Matt 11:28: Come to me: only way to the Father.

Labor/heavy laden: John Odam/Insecurities. Rest and Father.

Rest and Father. Acceptance, approval, encouragement, respect, meaning, significance, comfort, security.

J: Matt 11:29: Gentle and Lowly in heart/toxic masculinity.

Dangerous when wedded with Xy. Rest for your *souls*. Have you experienced X? Have you experienced his rest?

G: Matt 11:30: Yoke, rest not passive. Active. Earn, accept, impress, approval now lower bar. Matt 5:48: Jesus, gift, rest, enter.

J: Altar call: God at arm's length. Christian who has been trying to earn acceptance. Are you worn out? Commit to finding your rest in Christ.