

You Are God's Masterpiece
Pete Briscoe

The human body is a machine which winds its own springs. — Julien Offroy de la Mettrie

Modern technology has uncovered a phenomenal biological world inside the human body. Its complexity far exceeds anything that anyone ever imagined... and in many ways, we haven't even begun to explore it.

Dr. Lang, a friend of mine who was once Head of Cardiology at Johns Hopkins in Baltimore, showed me just how incredible the human body is with these statistics:

There are 74 trillion cells in the human body. The white blood cells in the lymph tissue can form 10,000-100,000 different antibodies. They fight against foreign tissue and can make these anti-bodies at a rate of 2,000 per second. A single white blood cell can kill as many as a hundred bacteria. Over the course of a lifetime, the heart will pump an average of 52,560,000 gallons of blood. That's enough to fill a New York skyscraper! I could go on, but you get the point:

Your body is incredible.

Then God said, "Let us make mankind in our image, in our likeness, so that they may rule over the fish in the sea and the birds in the sky, over the livestock and all the wild animals, and over all the creatures that move along the ground." ([Genesis 1:26](#))

When God sculpted humanity in His image, an amazing amount of detail went into the works, resulting in an amazing, intricate masterpiece. He created life the way He did to glorify Himself, but He took another step further with humanity in His love: **He designed us to represent Himself!**

But best of all, God designed us to be inhabited by His Spirit, a personal relationship shared by no other living thing in existence. All of these things work together to create a complex, beautiful creature that cannot be replicated.

Father, I rejoice that You shaped me and You designed me to be in a relationship with You. Help me to remember how special I am; that because You made me, I am special, unique, and beautiful in Your eyes. Amen.

